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*Children's Administration has implemented a new evidence-based practice model for assessment, case planning and case management. Solution Based Case Work is the foundation of child welfare practice in the State of Washington. A study in Kentucky on SBC showed:*

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- *Families achieved significantly more case goals and objectives when SBC was used.*
- *Social workers who used SBC were more likely to meet face to face with families and service providers as a team.*
- *Social workers identified a significantly greater number of family strengths.*
- *Building on those strengths more frequently kept families intact with no increased risk to children.*
- *Foster parents felt more recognized for their contributions and they felt the agency was more responsive to their needs.*

## Safe Kids, Healthy Families through **Solution Based Casework**

### How does it work?

Solution Based Casework (SBC) is a family-centered approach to child welfare. Social workers are taught engagement skills, interviewing techniques, family life cycle development and relapse prevention frameworks.



In their work with families, social workers:

- Focus on every day challenges the family faces, helping to find solutions to the situations the family is not handling well.
- Help the family understand what led to maltreatment and utilize a relapse prevention framework to prevent further maltreatment.
- Ensure the family feels their experience of the situation and their family dynamics are understood.
- Quickly build a consensus with the family and service providers on what needs to happen to reduce risk, protect children and achievable goals.
- Build on the reality that all families have had times when they have been successful.
- Document and offer encouragement for even the smallest improvements.

**Partnering with Families for Children's Safety**  
Every child deserves to grow up in a safe, loving environment.

Children's Administration is committed to partnering with parents to help them engage in service plans so that children have the opportunity to safely stay in their homes.